



August 2025

CAMBRIDGE NEIGHBORS

ARLINGTON BELMONT CAMBRIDGE SOMERVILLE WATERTOWN
A community of neighbors helping aging adults lead independent and engaged lives

Dear Members and Friends,

I hope you are enjoying this beautiful (albeit hot) summer and that there have been some special moments that this leisurely season invites. We perhaps appreciate those good times more than ever. They are a welcome relief against the relentless onslaught of heartbreak and tragedy in our world.

We welcome new CN Member Ling Ling Smith to our Finance Committee



We are delighted to have Ling Ling Smith, CPA, join our Finance Committee. A new member of Cambridge Neighbors, she recently retired from Southeastern Regional Planning & Economic Development District as Chief Financial Officer, HR and EEOE and 34 years of service. She has overseen all financial matters at the district, such as annual audit, cash flow, federal, state and local grants, payroll, all payroll related reports and has run monthly finance meetings. For the last 30 years she has also been with the southeastern Economic Development Corporation as a consultant in their internal accounting.

And we say farewell to Alex Clarke



Every so often you come across a person who is very special. I met that person two years ago when Alex Clarke interviewed for our Assistant Director position. In her two short years with us, she has contributed enormously to our organization—bringing warmth, care, and multiple skills and competencies that have been invaluable to the evolution of Cambridge Neighbors.

Before she settled in Boston, she spent five years in South Korea and Thailand teaching English to young children. Even though she has loved her time here, she hasn't lost her desire for adventure and travel, so she will leave Cambridge Neighbors at the end of August to explore Central and

South America as a solo traveler over the next six months. We enthusiastically cheer her on as she fulfills her heart's desire but will miss her immensely. Bon voyage, Alex, and thank you for making such an impact on all of us.

Warm Regards,

Jan Latorre-Stiller, *Executive Director*

"It is with a heavy heart I share the news that I will be ending my time with Cambridge Neighbors at the end of this month. How these last two years have flown by! As you now know, I have decided to take some time to travel around Central and South America for the next few months—something that I have wanted to do for years and, for me, the timing feels right.

These last two years with this organization have been full of so many wonderful connections, laughter, and fun that it makes it hard to say goodbye. I want to express my heartfelt gratitude to each of you for making my time here truly memorable. I have learned so much in this position and will cherish the memories we have had together. Whether it's a conversation in-person at one of our social events or simply over the phone, I have truly enjoyed getting to know each one of you.

Cambridge Neighbors is an incredible resource, and I feel proud to have been a part of such a meaningful organization. I urge you all to get connected—attend some of our social events, volunteer to help your neighbors, and truly embody our mission and vision of connectedness within our community. Please reach out to Jan at the office for my person email if you'd like to remain in touch—I would love to hear from you. And if you have any recommendations for my travels, send them my way!" With love, Alex

PROGRAM HIGHLIGHTS

Please contact the office to register for all events.

Member Spotlight: Lotte Bailyn

Tues., 8/5 | 2:00pm | Zoom

CN member Lotte Bailyn will describe her new co-written book *Retiring: Creating a Life that Works for You*. She will go over the four tasks involved in the transition to retirement, introduce the concept of life structure and the life maps that represent it, and give the story of one of the "stars" in their book, whom they followed from before retirement through a number of years into it. Join us for a collaborative discussion!

Mount Auburn "Walk & Talk"

Tues., 8/12 | 10:30am | Mount Auburn Cemetery

580 Mt Auburn St., Cambridge 02138



Our monthly walk-and-talk at Mount Auburn is always a delight. Join us! This month we'll appreciate the many late-summer blooming shrubs and trees as well as the shade offered by the dense canopy of shade trees. Meet outside the Visitor Center at 10:30am. Event leader: Susan Murray

Commonwealth Museum (with optional walk)

Thurs., 8/21 | 1:15pm | Free | UMass Boston

Meet downstairs at the Harvard T station at 1:15pm

We'll be taking the Red Line to the JFK/UMass stop and then board the free UMass Shuttle to the Commonwealth Museum. The permanent exhibit uses interactive multimedia and materials from the Massachusetts Archives to trace colonial and state history. They also have on display some of the original founding documents, including the Winthrop Charter of 1629 under which the Puritans founded Boston and Massachusetts' copy of the Bill of Rights.

If it's a nice day, we will end our outing with an optional walk along the ocean on a lovely section of the Boston HarborWalk. It's about half a mile walk to the next shuttle stop; to go one more shuttle stop would be about another half mile or so.

If you plan to drive, there is a free parking lot in front of the museum. In Google Maps, search for *Commonwealth Museum University Dr N*. Meet at 2:00pm just inside the museum doors. Event leader: Susan Murray

"Gosford Park" Matinée at the Brattle Theater

Tues., 8/26 | 3:15pm | Self-pay | \$13

40 Brattle Street, Cambridge 02138 (Harvard Square)

This 2001 film, directed by Robert Altman and written by Julian Fellowes ("Downton Abbey" & "The Gilded Age") is set in the 1930s, where a group of the pretentious rich and famous get together for a weekend of relaxation and hunting at an old-fashioned English country house. When a murder occurs, each one of these interesting characters becomes a suspect.

The all-star cast includes Maggie Smith, Ryan Phillippe, Michael Gambon, Kristin Scott Thomas, Tom Hollander, and more.

Parking in Harvard Square is never easy, so consider

public transit. Get your own ticket and meet the group inside the theater by 3:15pm. Look for Bill with a Cambridge Neighbors sign. Senior ticket price is \$13 which you can buy at the door. Potential dinner following the film. Event leader: Bill Barnert

Harvard Art Museums at Night

Thurs., 8/28 | 5:00-7:00pm | Free | Harvard Museum

32 Quincy Street, Cambridge, Harvard Square

Join us for an evening of art, fun, food, and more! We will meet inside the Quincy Street entrance. Admission is free and food/drink will be available for sale. Join us to mingle with friends inside the Italian-inspired courtyard while taking in the smooth sounds from the event DJ. Browse the museum shop and chat over a snack or drink for purchase from local vendors. Wander the more than 50 galleries to take in the world-class art collections. Event leader: Tina Smith

Parking: On street meters or paid parking garages. The museum is a short walk from the Harvard Square Red Line.



COMING NEXT MONTH!



Caregiver Support Group

Thurs., 9/18 | 11:00am | CN Office

545 Concord Ave. Suite 104, Cambridge 02138

As you enjoy the pleasures and weather the challenges of aging in place in your home, there may be times when caregiving enters the equation. And perhaps, as the song says, you could use a little help from your friends. This group will offer a comfortable space for problem solving and mutual support.

The group will be facilitated by Susan Strang. Susan is a retired social worker, former Director of Social Services at the Cambridge Hospital, and Director of Case Management at the New England Rehab Hospital. The group will meet bi-weekly at 11:00am starting Thursday, September 18th.

THIS MONTH'S PROGRAMS

MON	TUES	WED	THURS	FRI	SAT
				1	2
NOTE: In-person events are listed in black ; Zoom events are listed in blue					
4	5	6	7	8	9
Tipple 5:00pm	Member Spotlight 2:00pm	Women's Group 11:00am		Meditation 1:00pm Let's Talk 2:00pm	
11	12	13	14	15	16
	Mount Auburn "Walk & Talk"	Coffee & Conversation 11:00am			Brunch: Five Horses Tavern 11:00am
18	19	20	21	22	23
LGBTQ+ 4:00pm Tipple 5:00pm	Bio Book Club 2:00pm		Commonwealth Museum 1:15pm	Meditation 1:00pm	
25	26	27	28	29	30
Dinner: McCarthy's & Toad 6:00pm	The Brattle Theater 3:15pm	Men's Group 2:00pm	Harvard Art Museums at Night 5:00pm		

Tipple 8/4 | 8/18 | 5:00pm | Nubar | *Limited spaces*

16 Garden St., Cambridge 02138

Wine and appetizers. Self-pay. Event leader: [Nancy Carlson](#)

Member Spotlight 8/5 | 2:00pm | Zoom

See page 2 for full description.

Women's Group 8/6 | 11:00am | CN Office (4th floor)

New members welcome! Group leader: [Marianne Iacuzio](#)

Meditation 8/8 | 8/21 | 1:00pm | Zoom

New members welcome! Group leader: [Nancy Barcelo](#)

Let's Talk 8/8 | 2:00pm | Zoom

Online discussion on the challenges and opportunities of the aging journey. Group leaders: [Lotte Bailyn](#) & [Micki Seligson](#)

Mount Auburn "Walk & Talk" 8/12 | 10:30am

See page 2 for full description

Coffee & Conversation: Ovenbird Café 8/13 11:00am | Self-pay

105 Trapelo Rd, Belmont 02478 (free parking garage)

Join other members for coffee this month at Ovenbird Café.

Brunch: Five Horses Tavern 8/16 | 11:00am | Self-pay

400 Highland Ave #2, Somerville 02144

Join other members for brunch this month at Five Horses Tavern, located in the heart of Davis Square. *Metered street*

parking or metered lots available within walking distance.

LGBTQ+ Group 8/18 | 4:00pm | Café Zing

25 White St., Porter Square Mall

New members always welcome! Event leader: [Estelle Disch](#)

Bio Book Club 8/19 | 2:00pm | Zoom

This month's discussion: *Verdi: A Biography* by Mary Jane Phillips-Matz. There are shorter works (e.g. *Verdi: The Man Revealed* by John Suchet). Read what suits you and join us to share your thoughts! Event leader: [Mary Alice Stanton](#)

Commonwealth Museum 8/21 | 1:15pm | UMass Boston

See page 2 for full description.

Dinner: McCarthy's & Toad 8/25 | 6:00pm | Self-pay

1920 Massachusetts Ave, Cambridge, MA

Join other CN members for dinner this month at McCarthy's & Toad in Cambridge. *Street parking available.*

The Brattle Theater 8/26 | 3:15pm | Harvard Square

See page 2 for full description

Men's Group 8/27 | 2:00pm | CN Office (4th floor)

New members welcome! Group leader: [JB Maxwell](#).

Harvard Art Museums at Night 8/28 | 5:00pm

See page 2 for full description.

 *Cambridge Neighbors Member Passing* 

We remember former CN member Tom Bisson and offer our condolences to his family and friends.

Welcome to our newest volunteers

As always, we are thankful for the joy that our volunteers bring to members and our organization in so many ways. *If you are interested in volunteering with Cambridge Neighbors please call the office at 617-864-1715 or email the office at info@cambridgeneighbors.org.*

Robin Urquhart, who recently joined, is also one of our new volunteers. She helps with driving and organizing. A trained psychologist, Robin lived in Venezuela for 40 years where she started a school and raised her family. She currently lives in Watertown with her daughter, son-in-law and, for the time being, her grandson.



Robin at her first CN Explorer Walk at Mount Auburn Cemetery. Notice the name of the path...



"When my husband and I joined Cambridge Neighbors almost year ago, we were delighted by all the activities but what really caught my eye were the volunteer opportunities. There were so many ways to give back, feel useful, and build

camaraderie! So far, I've done gardening and grocery shopping (at a store that I used to shop in 50 years ago – many memories!) while having wonderful visits with my new neighbors." Terry Dash

A message from CN member, Doug Bauer...

My name is Doug Bauer and I'm a fellow Cambridge Neighbor looking for office space. I'm a writer, and so would need quiet and privacy, and of course I offer the same in return. I've been renting an office in the Cambridge Historical Society house on Brattle St for three years or so, but that property is being sold. My working hours are typically 9-10am to 3-3:30ish most week days (occasionally on weekends as well). If you have such a space you're interested to rent, I'd be grateful to hear from you at dbauer1313@gmail.com. And my website, with information pertinent to my writing life, is douglasbauer.com.

2025 Board of Directors

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Cambridge Neighbors

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